Innova Smart Watch

Fitness Apres

Thank you for using our smart watch INNOVA.
Important! I dati forniti dallo smartwatch, come la frequenza cardiaca, l'ossigeno nel sangue e la pressione sanguigna, sono puramente indicativi, non è un dispositivo medico di misurazione esatta.
Anche se sta bene, mantieni tutti gli appuntamenti che ti fa il medico.
Raccomandazioni per l'uso di dispositivi elettronici da polso, Smartwatch e Smartband per persone con pelle sensibile. smartband INNOVA sono selezionati seguendo un rigoroso controllo di misure ipoallergeniche, oltre a garantire che tutti i materiali siano conformi alle normative vigenti per i materiali a contatto con la pelle.
Tuttavia, un piccolo numero di persone può sperimentare qualche tipo di reazione cutanea.
Se soffri o sai di essere allergico o hai un tipo di pelle più sensibile del normale, dovresti monitorare l'uso di questi dispositivi nel caso in cui si produca qualche tipo di reazione dovuta all'allergie, fattori ambientali, esposizione prolungata a sostanze irritanti, come saponi e sudore o altre cause.
Gli smartwatch e gli smartband possono contenere materiali come nichel e acrilati che, anche se sono in quantità consentite nel prodotto finito, possono causare irritazioni sotto quelle tipo di reazione cutanee se sensibili ad essi.
Se usi questi tipi di dispositivi per un lungo periodo, se hai ricevuto altri tratti allo sviluppo di sensibilità della pelle nel tempo;
Per evitare possibili irritazioni della pelle, si consiglia di non esporre il dispositivo a sostanze chimiche e di non utilizzarlo se la pelle ha le o ha recentemente utilizzato uno dei prodotti elencati di seguito:
• Repellenti per insetti
• Creme a lozioni idratanti
• Oli
• Profumi
• Gel antisettici
• Saponi
• Creme protettive solari
Si consiglia di utilizzare i dispositivi quando la pelle è completamente asciutta e priva di uno qualsiasi dei suddetti prodotti per evitare che i loro contatti di ricarica e sensori di misura siano a contatto con la pelle troppo ingombrante, prestando particolare attenzione al dispositivo. non sommergibile o impermeabile.
Pulire bene il dispositivo e lavarsi accuratamente completamente per rimuovere il sudore dopo l'allenamento.
L'esposizione prolungata all'umidità può causare irritazioni.
Tambièn es recomende no usar esos dispositivos demasiado apretado o demasiado suelto.
Si la correa estás muy apretada, tambièn puede
Si consigilia inoltre di non indossare questi dispositivi troppo stretti o troppo larghi.

Special attention must be paid to the use of these devices in places with relatively low humidity conditions.
When using the Smartwatch/Smartband in places with low relative humidity (drypoorly-ventilated places, low humidity environmental conditions, dry indoors, if heating or air conditioning is always on, etc.), as with any other electronic device, it may be affected by charges of static electricity in certain occasions. This may cause damage to the device and also to the person wearing it at that time.
Static electricity is everywhere.
It surrounds us without us perceiving it.
An effective trick to avoid a high percentage of static electricity at home:
• Use a humidifier. Humidity is a good conductor of electricity therefore, by maintaining an adequate humidity level of, we will avoid static in areas of the home where we metal objects may be found. Small containers of water on top of radiators is another alternative solution.
The use of the devices in bed, whilst sleeping, is especially discouraged for children and the elderly due to the fact that repeated movements during the night may cause, through friction with sheets, blankets, etc. a charge of static electricity. This may result in a sudden discharge of the accumulated charge, creating a current across the human body a a conductive element and can cause a reaction to people with sensitive skin, redness, irritation, etc.
If you notice redness, swelling, itching, or any other form of irritation, remove the Smartwatch immediately and consult your physician before using the device again.

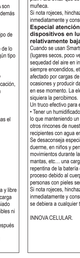
Special attention must be paid to the use of these devices in places with relatively low humidity conditions.
When using the Smartwatch/Smartband in places with low relative humidity (drypoorly-ventilated places, low humidity environmental conditions, dry indoors, if heating or air conditioning is always on, etc.), as with any other electronic device, it may be affected by charges of static electricity in certain occasions. This may cause damage to the device and also to the person wearing it at that time.
Static electricity is everywhere.
It surrounds us without us perceiving it.
An effective trick to avoid a high percentage of static electricity at home:
• Use a humidifier. Humidity is a good conductor of electricity therefore, by maintaining an adequate humidity level of, we will avoid static in areas of the home where we metal objects may be found. Small containers of water on top of radiators is another alternative solution.
The use of the devices in bed, whilst sleeping, is especially discouraged for children and the elderly due to the fact that repeated movements during the night may cause, through friction with sheets, blankets, etc. a charge of static electricity. This may result in a sudden discharge of the accumulated charge, creating a current across the human body a a conductive element and can cause a reaction to people with sensitive skin, redness, irritation, etc.
If you notice redness, swelling, itching, or any other form of irritation, remove the Smartwatch immediately and consult your physician before using the device again.

Welcome to use our high-performance wristband product which creates thoughtful and health experience for you
Device maintenance
Please remember the following tips when you maintain your smart watch:
- Clean the smart watch regularly, especially in the inner side, and keep it dry.
- Adjust the smart watch tightness to ensure air circulation.
Excessive skincare product should not be used for the wrist wearing the smart watch.
- Please cease wearing the smart watch in case of skin allergy or any discomfort.

Downloading and binding of smart watch APP
1. Download from Apple Store or Google play and install APP or scan QR code with mobile phone to download APP.

APP / APK: INNOVA S-WATCH

2. Pairing smart bracelet with APP:
Please do not pair the watch directly to your phone's BT.
If you have already performed this operation, please remove it from the list of paired devices as it will prevent the connection to the APP.
2.1. Open the APP.
2.2. Update your personal details (gender, birth year, etc.) and press the check mark. Once done, grant all permissions requested by the APP.



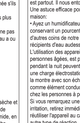
2.3. Tic link the watch to your phone press "To Add".
2.4. The phone will search, and display, SW/46 Select it to pair the watch to your phone.
Once synchronization is complete your watch will display local date and time.
2.5. When you press the watch icon (bottom middle) you will see the following screen:

Here you can set up notifications, alarms and the background image (can be personalized).
In "Others" you can establish time format (12/24 hours), reminders, etc.

2.6. The last icon, on the lower right, "Advanced" should not be clicked.
2.7. Once you complete the above steps the details of your profile and establish your goals.

Notes:
- Only connect the device via APP and not via the BT setting of the smartphone.
- The personal data is used to calculate the calorie consumption and distance correctly.
- You can only connect one watch via APP.
- The use of multiple watches may affect the smartphone at the same time is not supported.
- After successful connection, the data, time and weather data are transferred from the smartphone to the watch.
- Time / date cannot be set manually.

Charging
Charging the device to active before the first time using: To charge your device, plug the charging cable into the adaptor or USB port on your computer



Connecting call BT
Once you have successfully connected the smart watch to the APP, a pop-up window will appear with a BT prompt message.

You need to press "Pair" for the BT call connection on the Smart Watch to be successful.
If you don't get the above pop-up, you need to go to your Smart Phone's BT settings and pair the audio on the watch manually.
Find "SW/46-audio" in the list of available BT devices and connect it like any other BT device on the market.

Hear rate Test
The Smart Watch could record your heart rate all day.
You also could tap on the page to start measuring heart rate.

Blood pressure
Tap on the blood pressure page to start measuring your blood pressure. On the blood pressure page you can also show the blood pressure measured data of the last time.

Blood oxygen
Tap the blood oxygen page to start measuring you blood oxygen . On the blood oxygen page, it can show the blood oxygen measured data of the last times.

Sports
Smart watch automatically tracks steps taken on the screen.
Note: Your movement stats need to zero at midnight

Training
Tap the training icon on the menu to start a new training measure recording, there are several sports modes to be chosen.
The last training recording will be shown on the training page.

Sleep
If you keep wearing Smart Watch in your sleep, it can provide the hours slept and quality of sleep stats on both the screen and the APP.
Note: Sleep stats need to be set at 8:00 PM

Player shutter
After connecting the device, you can remote control the music player on your phone.

Remote shutter
After connecting the device, you can remote control the camera on your phone.

Messages reminder
The device can sync incoming notifications from Twitter, Facebook, Whatsapp, instagram, etc.
Reminders for messages can be stored.
Note: You can switch on/off the incoming notification in the APP.
Call and Contacts reminder
For receiving notifications of Whatsapp, instagram, facebook,..., in your Smart Watch, must be activated of the following way through the APP:

If you want to listen the movies that you see in the Smartphone, through the APP's microphone, you must activate it in ON if you want that the sound of your movies can not be listen through the watch, the option "Audio" must be in OFF

Weather
It could show the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting with the APP; it will not be updated after a long disconnection.
Period reminder
Click on the menstrual period interface, through the management cycle calendar, intelligently predict victory cycles.
In the period reminder page, it can show the period reminder measured data of the last times.
Other features
Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off and about.
Remind to move
The smart watch will remind to remind you to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.
Remind to drink water
The smart watch will remind you " Time to drink some water" at the planned drinking time.
Sound in the watch (in "Phone" menu of the watch)
If you want to talk, do or receive a call through the watch, the option "Telephone" must be in ON.

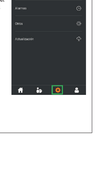
Blood pressure / Blood oxygen / Sleep monitor / Steps / Sedentary / Heart rate / Sports / Exercise / Weather / Music control / Find watch / LCD lightness adjustment / Change watch face / Not waterproof / BT frequency: 2.4 GHz / Bluetooth version: BT 5.0 / power consumption: < 100 mW

Customer service
Only in English, Spanish and Portuguese
Service de atención al cliente / Customer Service / Serviço de apoio ao cliente (Español / English / Português) +34 911 713 94 98
Horario de atención al cliente:
De lu. a ju. de 08:00 a 14:00 y de 15:30 a 17:30 y vie. Ver. de 09:00 a 14:00
Working hours: Mon to Thu from 08:00 to 14:00 and from 15:30 to 17:30 and Fri. from 09:00 to 14:00
Horario de funcionamiento de apoio ao cliente:
De 2ª a 5ª feira das 08:00h às 14:00H e das 15:30h às 17:30H
6ª feira das 09:00h às 14:00H
sac@innovacelular.com
Declaration of conformity
Through this INNOVA CELLULAR, it declares that the INNOVA SMART WATCH FITNESS ARES (SW/46 (SW/50) complies with the essential requirements and any other applicable provisions of directives 2014/53/UE (RED) and RoHS 2011/65/EU anex II amending Directive (EU) 2015/863.
To see the complete declaration of conformity, you can access it through the following link:
https://www.innovacelular.com/descargas/declaracion/declaracion_sw-46.pdf
Guarantee

Features
LCD resolution: 1.52" / BT 5.2 / Battery capacity: 230 mAh / Charging time: 2.5 - 3 hours / Standby time: 10 - 15 days aprox. / Normal using time: 5 - 7 days aprox. / Notifications / Call BT / Multi sport / Breathe training / Hear rate /

Remove the device in the APP
For deleting the Smart Watch of the APP you must do it of the following way:
Go to Smart Watch's menu in a Phone, in addition to doing the following steps, you have to go to the Setting - Bluetooth and desconnect the device in this option.

Weather
Could show the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting with the APP; it will not be updated after a long disconnection.
Period reminder
Click on the menstrual period interface, through the management cycle calendar, intelligently predict victory cycles.
In the period reminder page, it can show the period reminder measured data of the last times.
Other features
Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off and about.
Remind to move
The smart watch will remind you to remind you to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.
Remind to drink water
The smart watch will remind you " Time to drink some water" at the planned drinking time.
Sound in the watch (in "Phone" menu of the watch)
If you want to talk, do or receive a call through the watch, the option "Telephone" must be in ON.



Specifications
Screen: 1.52" / BT 5.2 / Capacity battery: 230 mAh / Charging time: 2.5 - 3 hours / Standby: circa 10 - 15 days / Duration normal using: circa 5 - 7 days / Notifications / Call BT / Multi sport / Breathe training / Hear rate / Weather / Music control / Find watch / LCD lightness adjustment / Change watch face / Not waterproof / BT frequency: 2.4 GHz / Bluetooth version: BT 5.0 / power consumption: < 100 mW

Customer service
Only in English, Spanish and Portuguese
Service de atención al cliente / Customer Service / Serviço de apoio ao cliente (Español / English / Português) +34 911 713 94 98
Horario de atención al cliente:
De lu. a ju. de 08:00 a 14:00 y de 15:30 a 17:30 y vie. Ver. de 09:00 a 14:00
Working hours: Mon to Thu from 08:00 to 14:00 and from 15:30 to 17:30 and Fri. from 09:00 to 14:00
Horario de funcionamento de apoio ao cliente:
De 2ª a 5ª feira das 08:00h às 14:00H e das 15:30h às 17:30H
6ª feira das 09:00h às 14:00H
sac@innovacelular.com
Declaration of conformity
Through this INNOVA CELLULAR, it declares that the INNOVA SMART WATCH FITNESS ARES (SW/46 (SW/50) complies with the essential requirements and any other applicable provisions of directives 2014/53/UE (RED) and RoHS 2011/65/EU anex II amending Directive (EU) 2015/863.
To see the complete declaration of conformity, you can access it through the following link:
https://www.innovacelular.com/descargas/declaracion/declaracion_sw-46.pdf
Guarantee

Specifications
Screen: 1.52" / BT 5.2 / Capacity battery: 230 mAh / Charging time: 2.5 - 3 hours / Standby: circa 10 - 15 days aprox. / Duration normal using: circa 5 - 7 days aprox. / Notifications / Call BT / Multi sport / Breathe training / Hear rate / Weather / Music control / Find watch / LCD lightness adjustment / Change watch face / Not waterproof / BT frequency: 2.4 GHz / Bluetooth version: BT 5.0 / power consumption: < 100 mW

Customer service
Only in English, Spanish and Portuguese
Service de atención al cliente / Customer Service / Serviço de apoio ao cliente (Español / English / Português) +34 911 713 94 98
Horario de atención al cliente:
De lu. a ju. de 08:00 a 14:00 y de 15:30 a 17:30 y vie. Ver. de 09:00 a 14:00
Working hours: Mon to Thu from 08:00 to 14:00 and from 15:30 to 17:30 and Fri. from 09:00 to 14:00
Horario de funcionamento de apoio ao cliente:
De 2ª a 5ª feira das 08:00h às 14:00H e das 15:30h às 17:30H
6ª feira das 09:00h às 14:00H
sac@innovacelular.com
Declaration of conformity
Through this INNOVA CELLULAR, it declares that the INNOVA SMART WATCH FITNESS ARES (SW/46 (SW/50) complies with the essential requirements and any other applicable provisions of directives 2014/53/EU